

Sources of support

Childline (ISPCC)

Ireland's 24-hour national listening service for young people up to the age of 18.
Freephone 1800 666 666 (any time, day or night)
Text 50101 (from 10am to 4pm every day)
Chat online (from 10am to 4pm every day)
Visit www.childline.ie for more information

Jigsaw

The Jigsaw Support Line is available for free mental health support and advice to young people aged 12 to 25 years old, and parents or concerned adults in Ireland.
Freephone 1800 544729 (from 1pm to 5pm Monday to Friday)
Text CALL ME to 086 180 3880, giving your preferred day and time for a call (from 9am to 5pm Monday to Friday)
Email help@jigsaw.ie (for responses from 9am to 5pm Monday to Friday)
Visit www.jigsaw.ie or www.jigsawonline.ie for more information

Barnardos

Barnardos provide a national telephone support service for parents, in response to the challenges they are facing during the COVID-19 pandemic.
Freephone 1800 910 123 from 10am to 2pm, Monday to Friday.
<https://www.barnardos.ie/>

SpunOut.ie

SpunOut.ie provides a wide range of articles and information for young people, on many different topics, including mental health.
Text SPUNOUT to 086 1800 280 to chat to a trained volunteer (standard message rates may apply)
Visit <https://spunout.ie/> for more information

Pieta House

Pieta provides free therapy to those engaging in self-harm, with suicidal ideation, or bereaved by suicide.
Call free on 1800 247 247
Text help to 51444
Visit <https://www.pieta.ie/> for more information

**Sources of
further
information**

- **Gov.ie**
<https://www.gov.ie/en/publication/d8920c-leaving-cert-2020/>
- **education.ie**
<https://www.education.ie/en/Learners/Information/State-Examinations/leaving-cert-2020.html>
- **CAO.ie**
<http://www.cao.ie/>
- **Colleges / University / Institute websites**
Various
- **SOLAS**
For information on apprenticeships
<https://www.solas.ie/>
- **SUSI**
For information on student grants
<https://susi.ie/>
- **National Parent Council Leaving Certificate Helpline**
For parents and students (7th-12th September)
1800 265 165
- **Adult Educational Guidance Services**
<https://www.ncge.ie/ncge/aegi-contact-details>

Calculated Grades

- Available from **9am on 7th September 2020** at the **Student Portal** on education.ie <https://lc2020.education.gov.ie/>
Students will need their examination number, PPS number and account password.
- These grades are **OFFERINGS** from the Department who are attempting to keep everything as 'on schedule' as possible during the global pandemic
- Grades have been through a **rigorous statistical process** (similar to what happens every year)
- Calculated grades can be used to allow you to progress to **any pathway**, just like any given year
- Teachers may have given different grades than what is finally offered to students. Additional information will be available on student portal from Monday 14th September.
- If students are not happy with grades, there are **several options/choices** they can make.
- If students choose to sit one or more of the later examinations, the final Leaving Certificate will integrate the **higher of the grades**
- These grades are provided in time for students who have applied through the CAO and the UK's UCAS for college entry for the 2020/2021 academic year.
- We do not know on the day of results what the points will be for certain courses

Link to calculated grades and associated choices by the NCGE:

<https://www.ncge.ie/sites/default/files/resources/Information-LC-Class2020-EN.docx>

Link to the Leaving Certificate Results, what next 2020?:

<https://jgc.ie/resources-post-primary/> and click on **available here**.

Teams: 6th Year Careers 2019 – 2020 to message Ms Kennedy and to get information on various aspects of accepting offers and queries you may have.

Links to gov.ie and Leaving Cert 2020 information

<https://www.gov.ie/en/publication/d8920c-leaving-cert-2020/>

Leaving Certificate Helpline

1800 265 165

About The Helpline

The Helpline is provided courtesy of the National Parents' Council in association with the Irish Independent, the Department Of Education & Skills and supported by the GAA. The Institute of Guidance Counsellors are employed to provide qualified guidance counsellors to give advice and support to both students and their parents.

The dates and times for the 2020 Helpline are as follows:

- Monday 7th September 11am – 8pm
- Tuesday 8th September 11am – 8pm
- Wednesday 9th September 11am – 2pm
- Thursday 10th September 11am – 2pm
- Friday 11th September 12pm – 8pm
- Saturday 12th September 11am – 5pm